Is Aging an Infectious Disease?
Public Health and the Age-Friendly Movement in NJ

New Jersey Public Health Association Annual Conference | April 21, 2023

**Presenter**
Dorothy Sanders, JD, Local Health Outreach Coordinator, Department of Health, Township of West Orange

**Co-Authors**
Emily Greenfield, PhD, Professor, Rutgers University School of Social Work
Cathy Rowe, DrPH, Executive Director, New Jersey Advocates for Aging Well
Althea Pestine-Stevens, PhD, Program Manager, Age-Friendly North Jersey, Rutgers University School of Social Work
Is Aging Infectious?

Physical, psychological, spiritual, and social well-being and function in later life

Aging is the result of successful public health efforts

What is Aging?

Aging affects 100% of population, no “cure”

If public health measures succeed, everyone will experience the benefits and challenges of aging

How to prepare for an aging & older NJ?

Adapt an age-friendly lens across state, regional, county, and community levels
Social Determinants of Health
The 8 Domains of Livability
The 8 Domains of Livability

Social Determinants of Health

- Education Access & Quality
- Health Care Access & Quality
- Neighborhood & Built Environment
- Social & Community
- Economic Stability

The 8 Domains of Livability

- Job Opportunities & Income
- Health Services & Comm. Supports
- Safe Housing, Transportation, & Neighborhoods
- Outdoor Spaces & Buildings
- Respect, Inclusion, & Social Participation
- Employment
Select West Orange Community & Health Partners

- Montclair State University School of Nursing
- RWJ St. Barnabas
- Rutgers University - School of Social Work
- Rutgers University - School of Public Health
- Zufall Health Center
- COVID-19 Community Coalition: A Senior Services Initiative
- West Orange Mayors Wellness Campaign
Aging Well West Orange & The Broader Age-Friendly Movement
Age-Friendly Collaborators
More Age-Friendly Information

- For more information email: AARP New Jersey
- New Jersey Futures: Creating Great Places to Age in New Jersey: A Community Guide to Implementing Aging-Friendly Land Use Decisions
- West Orange - Mayors Wellness Campaign
- Age-Friendly North Jersey
- NJAAW

Be sure to attend the NJAAW 25th Annual Conference, “The Future of Aging in NJ” on June 9, 2023, which will feature a session with the AARP network, Age-Friendly North Jersey, the Age-Friendly New Jersey Statewide Collaborative, and New Jersey Future